



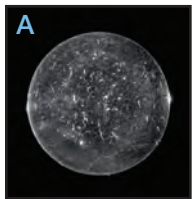
Tips for Healthy Lens Wearing Comfort

Multi-Purpose Solution Lens Care Directions

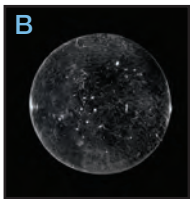
Clean, Rinse and Disinfect

- The best way to minimize your risk of eye infection and disease is to properly clean, disinfect and rinse your lenses daily.
- Proper cleaning and rinsing includes rubbing your contact lenses. It is an essential step in your daily lens cleaning regimen. By employing proper rubbing technique, you can help ensure that your contact lenses are cleaned thoroughly while minimizing the risk of infection.

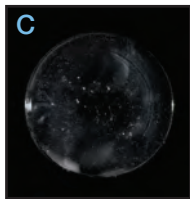
Photos showing deposits on contact lens before and after rub and rinse routine*



A
Dirty lens
after wear



B
Same lens
after rinse



C
Same lens
after
rub and rinse

*Photos A, B & C - Basement Photography, commissioned by AMO.



RevitaLens OcuTec™ Activity conditions the lenses and increases ocular comfort while delivering outstanding disinfection.^{1,4,5,6}

Don't forget the following guidelines on how best to take care of your lenses:

- Follow your eye care professional's instructions.
- Always wash your hands before handling your lenses.
- Rub, rinse, and disinfect your lenses each time you remove them.
- Always handle the same lens, the right or the left, first in order to avoid mix-ups.
- Do not expose lenses or lens case to tap water, bottled water, distilled water, lake water, or ocean water.
- Do not use saliva or put lenses in your mouth to rewet.
- Do not swim, shower, or use a hot tub while wearing soft contact lenses.
- Do not wear lenses longer than prescribed.
- Do not transfer contact lens solution into smaller travel-size containers. The sterility of the solution will be impacted and can lead to serious eye infections.
- Discard any lens that is damaged or dehydrated.
- Avoid using aerosols when wearing contact lenses.
- Discard any remaining solution in your lens case before disinfecting your lenses again.
- See your eye care professional annually.

Visit www.yourhealthyeyes.com for more eye care tips and how to insert/remove your contact lenses.

Rinse for lens wearing comfort

When you insert your lenses:

1. Wash your hands with soap and water and dry with a lint-free towel.
2. Prior to reapplying lenses, RINSE each side of the lens for 5 seconds with fresh RevitaLens OcuTec™ Solution to remove any debris on the lens.



Rub, Rinse, & Soak for effective disinfection

When you remove your lenses:

1. Wash your hands with soap and water and dry with a lint-free towel prior to handling your lenses.
2. Place 3 or more drops of RevitaLens OcuTec™ Solution on one side of the lens surface.
3. **RUB** your lens gently from the center to the edges for at least 2-4 seconds (never rub in a circular motion, because it may tear the lens and not clean the outer edge surface).
4. Turn the lens over and repeat step 2 and 3.
5. **RINSE** each side of the lens for 5 seconds with fresh RevitaLens OcuTec™ Solution. Place lenses in clean lens case and fill with RevitaLens OcuTec™ Solution. Close lens case tightly.
6. **SOAK** - Allow lenses to soak for a minimum of six (6) hours for disinfection, cleaning, protein removal, and conditioning.



CARING FOR YOUR LENS CASE

- Always rinse your lens case daily with fresh RevitaLens OcuTec™ Solution and let it air dry. Never use tap water. Never re-use solution.
- Replace your lens case every 1-3 months.

Advanced Science takes disinfection to a higher level so you can experience the comfort and cleanliness you deserve.

BY PROFESSIONALS
DESIGNED
BY PROFESSIONALS

New



Your eye care professional has recommended this highly effective contact lens solution that was chosen especially for you.





Elevate Your Clean

with intelligent contact
lens disinfection



A Guide to
Contact Lens Care

www.yourhealthyeyes.com

See Warnings and Important Safety Information on Reverse.

 **Abbott**
A Promise for Life

Revitalens

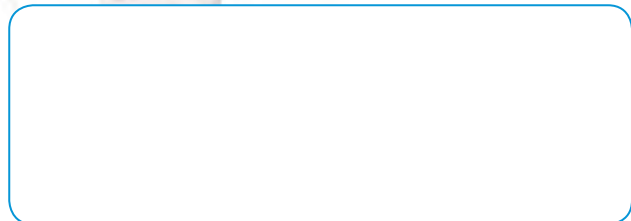
ocutec™

Multi-Purpose
Disinfecting Solution



Try New
Revitalens OcuTec™ MPDS.

The only lens care solution
that delivers intelligent
disinfection for brilliantly
clean and comfortable
contact lenses... it's
like putting in new
contact lenses!^{1,2,3,4,5}



References: **1.** Kilvington S, Nikolic M, Lam A, Brady N, Lonnen J, Heaselgrave W. Comparative antimicrobial efficacy of contact lens care solutions. Poster presented at: British Contact Lens Association's 34th Clinical Conference and Exhibition; May 27-30, 2010; Birmingham, UK. **2.** Tarantino N, Kao EY, Huang LC, Ziegler DA. A clinical safety and acceptability evaluation of a novel multi-purpose disinfecting solution. Poster presented at: British Contact Lens Association's 34th Clinical Conference and Exhibition; May 27-30, 2010; Birmingham, UK. **3.** Data on file - 103, 2010. Abbott Medical Optics Inc. Santa Ana, CA. **4.** Tilia D, Lazon de la Jara P, Weng R, Naduvilath T, Wilcox M, Holden B. Clinical evaluation of a new contact lens solution when used in conjunction with two silicone hydrogel lenses during short term wear. Poster presented at: British Contact Lens Association's 34th Clinical Conference and Exhibition; May 27-30, 2010; Birmingham, UK. **5.** Data on file - 104, 2010. Abbott Medical Optics Inc. Santa Ana, CA. Contact lens comfort with Revitalens OcuTec™ MPDS over time. **6.** Data on file - 112, 2010. Abbott Medical Optics Inc. Santa Ana, CA. Wettability of Hydrogel Contact Lenses (Revitalens OcuTec™ MPDS).

Important Safety Information: Revitalens OcuTec™ Multi-Purpose Disinfecting Solution is indicated for the care of soft (hydrophilic) contact lenses, including silicone hydrogel lenses. Use this product, as recommended by your eye care professional, to disinfect, clean, rinse, store, remove protein and condition your lenses. If you are allergic to any ingredient in Revitalens OcuTec™ do not use this product. Problems with contact lenses and lens care products could result in corneal infection and/or ulcers and lead to loss of vision. It is essential that you follow your eye care professional's directions and all labeling instructions for proper use of lenses and lens care products, including the lens case.

REVITALENS OCUTEC, REVITALENS, OCUTEC and BLINK CONTACTS are trademarks owned by or licensed to Abbott Laboratories, its subsidiaries or affiliates.
©2010 Abbott Medical Optics Inc., Santa Ana, CA 92705.
www.yourhealthyeyes.com
2010.09.10-CN2341

 **Abbott**
Medical Optics